Sahaja Yoga Meditation Worldwide

## ET'S MEDITATE FOR 21 DAYS

FREEDOM FROM THOUGHTS

8<sup>TH</sup> - 28<sup>TH</sup> MARCH 2025

CENTRAL EUROPEAN TIME (CET) 8PM • NEW YORK 2PM • SYDNEY 6AM • DELHI 12AM Join online with Zoom or YouTube

DISCOVER THE PEACE AND JOY OF TRUE MEDITATION. FREE DAILY LIVE AND RECORDED SESSIONS FOR EVERYONE.



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